

Equipment & Materials List

Handmade Books: Octopus Book Thurs 4th December at 10am UK time

Students will need:

For painting the covers (tools and materials)

- Four pieces of A4 cartridge paper 140gsm, or similar paper
- Acrylic paint
- Largish Paint brush suitable for acrylic paint
- Optional: Christmas themed rubber stamps plus waterproof ink stamp pad eg Stayzon
- Waterpot

For making the book (tools)

- Cutting tools: sharp sturdy craft knife, cutting mat, metal ruler
- Measuring tools: sharp pencil, T square ruler (handy but optional)
- Large eye tapestry needle
- Scissors
- Awl or braddle to poke holes
- Bone folder (or you can use fingernail)
- Shoe knife / clip knife for slicing paper (handy but optional)
- Glue brush or tray with foam roller to apply glue
- Masking tape
- Optional: chisel and hammer

For making the book (materials)

- Greyboard 2mm thick, or you can use the back of a pad. 2 pieces 21.5cm high and 15cm wide
- One piece of A1 cartridge 220gsm or similar weight paper
- Linen thread or similar strong thread approx. 15 feet
- Elastic 0.5cm wide and 35cm long
- Bookcloth for the spine. 2 pieces. One 30cm by 10cm. One 20cm by 10cm
- Scrap paper for gluing
- One piece A4 paper to make template
- PVA glue
- Waxed paper and heavy books for pressing the book flat

Janina can provide a kit for this class at a cost of £13 including UK postage. Details can be found overleaf.



Equipment & Materials List

Contents of the kit:

- Four pieces of A4 cartridge paper 140gsm for the covers
- Greyboard 2mm thick cut to size
- One piece of A1 cartridge 220gsm, cut to size and folded
- White linen thread 15 feet
- Elastic 0.5cm wide and 35cm long
- Black bookcloth for the spine cut approximately to size
- One piece A4 paper to make template
- Waxed paper

Kits can be purchased here: e https://janinamaher.artweb.com/ from mid-October 2025

Suggested / Preferred Suppliers:

- Seawhites for Cartridge paper, greyboard, acrylic paint, paint brushes. https://www.artesaver.co.uk/
- Linen thread Etsy shop eg Crawfords brand https://www.etsy.com/uk/shop/buechertigersupplies
- Hewit & Sons Bookbinding supplies including clip knife / shoe knife, bone folder, linen thread, bookcloth. https://www.hewit.com/